

June 2017

Newfields Elementary School

LUNCH



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



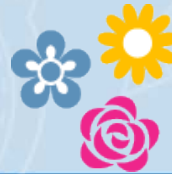
Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Burrito
Taco Chips
Fresh Fruit

1

NPTO Pizza

2

Italian Sub
Pretzels
Fresh Fruit

5

Chicken Nuggets
Applesauce
Yogurt

6

Field Day

7

Taco Boat
Nacho Chips
Fresh Fruit

8

NPTO Pizza

9

Meatball Sub
Pretzels
Fresh Fruit

12

Chicken Patty
Sandwich
Yogurt
Pretzels

13

Cheese Tortellini
& Sauce
Whole Grain Roll
Fresh Fruit

14

Cheese Quesadilla
Fresh Fruit
Corn

15

NPTO Pizza

16

Chef's Choice

19

Chef's Choice

20

Summer
Vacation

21

Summer
Vacation

22

Summer
Vacation

23

ENJOY

26

YOUR

27

SUMMER

28

BREAK

29



30